

NEWS RELEASES

PUBLISHED: NOVEMBER 30, 2021

## Husch Blackwell Wins 2021 Cigna Well-Being Award

Husch Blackwell is pleased to announce that it is a recipient of the 2021 Cigna Well-Being Award celebrating excellence in employee wellness programs.

Cigna's Well-Being Award "recognizes clients for the ways they are changing the workplace culture and driving positive health outcomes through their leadership and innovation."

The firm's Total Health team was honored for its response to the COVID-19 pandemic, during which time it moved from the provision of in-person services and programming to robust virtual offerings, including health coaching, ergonomic evaluations, and meditation. The team also created a COVID Standard Operating Plan that assisted the firm in managing its firmwide COVID program, including contact tracing, deep cleaning procedures, and logging all suspected and confirmed cases of COVID.

"As attorneys and staff went remote, many of our onsite wellbeing services had to be suspended, including onsite coaching, fitness classes, massage therapy, blood pressure checks, flu shots and mammograms. As a result, the Wellness Team created educational material about these services and communicated with our colleagues about the various ways they could take charge of their health, including how to take blood pressure at home, mammogram reminders, and flu shot education," said Tonya Hays, Husch Blackwell's Senior Manager of Benefits & Pay. "We are honored that Cigna recognized our efforts to keep our entire firm as healthy as possible during the pandemic."

In awarding the honor to Husch Blackwell, Cigna said the firm was recognized "for their passion, investment and organizational commitment to their employees' total health—body and mind."