



## Sarah C. Hellmann

**PARTNER**

ST. LOUIS, MO

PHONE: 314.480.1920

EMAIL: SARAH.HELLMANN@HUSCHBLACKWELL.COM

### OVERVIEW

Knowing the people behind the businesses she represents helps Sarah discern the best long-term litigation strategy and outcome for clients.

Sarah is a skilled and artful litigator representing clients in high-stakes and complex litigation all over the country. She has extensive experience representing large companies--particularly those in the healthcare and pharmaceutical industries--in a broad range of commercial matters. Sarah also has considerable first- and second-chair trial experience in federal and state courts, as well as arbitration proceedings. She routinely appears in federal courts nationwide to defend against emergency temporary restraining orders (TROs) and other injunctive relief.

Sarah is adept at working closely with general counsel and in-house counsel teams, both to avoid litigation as well as manage pending litigation. She appreciates the burden litigation can place on a company and works to ensure that cases are handled efficiently and effectively to minimize disruption. She aims to protect business interests and tailors her strategies to meet the individual goals and objectives of each client. As a result, Sarah and the Husch Blackwell team have been recognized as a Value Champion by the Association

*“Sarah Hellmann is a top-notch litigator with extensive experience in trials and arbitrations. She is responsive, smart, accomplished and pleasant to work with.”*

— Chambers USA 2024

### Industries

Education  
Healthcare

### Services

Commercial Litigation  
Healthcare Litigation  
Healthcare Operations  
Higher Education  
Litigation & Alternative Dispute Resolution  
Pharmacy

of Corporate Counsel for their collaboration with Express Scripts in implementing legal project management to improve efficiencies in the delivery of legal services.

### Case Study

#### **Express Scripts, Inc.**

ESI prevailed against antitrust allegations, and then turned its counterclaims into a \$20 million judgment.

### Experience

- Served as lead defense counsel in arbitration proceeding brought against client by large international manufacturer of nuclear parts. After a week-long arbitration in front of three member panel, secured complete defense verdict for client.
- Served as trial counsel for Express Scripts, a large pharmacy benefits manager, in jury trial involving breach of contract claims brought by pharmacy after Express Scripts terminated their relationship. After week-long trial, jury returned complete defense verdict in favor of Express Scripts.
- Achieved multiple successes in defending clients against parties seeking injunctive relief relating to termination of provider agreements.
- Served as lead counsel in defending client in confidential arbitration proceeding brought by large health plan in northwest United States. Claimant sought more than \$7 million in damages for breach of contract and breach of duty of good faith and fair dealing claims. After four-day hearing, a panel of three arbitrators found in favor of client and awarded no money to claimant.
- Obtained numerous defense verdicts in jury trials in St. Louis City, St. Louis County and Cape Girardeau County on behalf of physicians and other healthcare providers.

## Experience

- Obtained summary judgment in favor of client brought by a provider in a confidential arbitration in which provider claimed that client violated the Any Wiling Provider laws. Provider sought to vacate the arbitration award in federal court, which was denied.

## Recognition

- *The Best Lawyers in America*®
  - Commercial Litigation, 2024 and 2025
- *Chambers USA*, Healthcare, 2022-2024
- Association of Corporate Counsel, Value Champion, 2017
- Women's Champion for Social Change, St. Louis Ending Violence Against Women Network, 2013
- *Missouri Lawyers Weekly*, Litigation Practitioner Award, 2012
- *Missouri Lawyers Weekly*, "Top Defense Verdicts of the Year," 2006, 2008, 2013
- Missouri Bar Pro Bono Wall of Fame, 2012

## Education

- J.D., Saint Louis University School of Law
  - *summa cum laude*
  - Order of the Woolsack
  - Class Salutatorian
  - Mel Friedman Real Estate Fellowship
  - *Saint Louis University Law Journal*
- B.S., University of Dayton
  - Criminal Justice
  - *magna cum laude*

## Admissions

- Missouri
- Illinois
- U.S. District Court, Eastern District of Missouri
- U.S. District Court, Eastern District of Wisconsin

## Community Leadership

She joined St. Martha's Hall after setting up a legal intake clinic for a similar agency devoted to abused women and their children. In 2021, Sarah began her term as President of the Board of Directors.



2025 Best Lawyers